

Spirit Guide Types
WOCMAP/ Dr. Vest

Types of Spirit Guides (VEST)

Earth Guides
Guardian Spirits*
Ancestors
Messenger Guides
Joy Guides*
Animal Guides
Plant Guides
Fairies/Devas

Otherworld Guides
Gatekeeper Guides*
Healing Guides/ Spirit Doctors*
Angels and Ascended Masters
Spiritual Teachers
Galactic Beings
Akashic Records Keepers

Guardian Spirit Guides

These Spirit Guides are protectors and have the ability to intervene in our lives in a physical way in order to protect us. Guardian Spirit Guides can control the movement of a car, can create an energetic shield around you and can stop you from walking into danger.

Guardian Spirit Guides can also communicate with you through animal messengers. If you see the same animal or an animal in an unusual place, it could be your Guardian's way of reminding you to stay strong or embrace the qualities of that particular animal. The animal may also be a reminder that you are being physically protected.

You can call on your Guardian Spirit Guides at any time that you feel you need protection, all you need to do is ask.

Messenger Guides

Messenger Guides often come into our life when we are getting ready to enter a new chapter or walk a new path. Messenger Guides help to prepare us with all the information that we need and can deliver messages through signs or symbols in order to help us make decisions.

Messenger Guides are also present in our lives when we are at a crossroads or when we are getting ready to make a big life decision. They come to support us in our decision and can also provide insights into what may be the best choice. They usually communicate through synchronicities, dreams, number patterns or symbols and even through clairaudience or clairvoyance. Often psychics or intuitive readers work with Messenger Guides in order to receive messages or insights about the person they are reading for. To work with your Messenger Guides, all you need to do is ask them to come into your life and then continue an open dialogue with them about your questions and concerns. They will always answer you as long as you are open to hearing their messages.

Gatekeeper Guides

Gatekeeper Spirit Guides help you to access different portals of the Spirit World. They act as gatekeepers between one dimension and the next in order to help you navigate through the Spirit

World safely. When you start working with your Gatekeeper Guides, they can help you to develop your intuition, tap into your psychic abilities and can help you to experience things like lucid dreaming and astral projection. Your Gatekeeper Guides also have the ability to protect you from travelling too deep into the spirit world before you are ready and can protect you from negative entities and spirits. They can also help to facilitate your journey after death.

For anyone that dabbles in the spirit world, working with your Gatekeeper Guide is very important for protecting your energy and delivering accurate messages.

Healing or Helper Guides

These guides have the ability to heal physical, emotional and energetic ailments and stresses. They can also provide you with emotional and spiritual support in times of need.

These Guides are often present during surgeries and times of sickness or pain, and can be called upon to help facilitate the healing process. They can also be called upon when you are going through an emotional trauma of some kind or if you are feeling down or negative.

Healing Guides also work alongside those in the healing profession and can often act as a mentor or facilitator to those doing the healing work. If you work in the healing profession, you may be able to feel your Healing Guide working alongside you.

Teacher Guides

Teacher Guides can help introduce us to people when we are ready for a particular lesson.

Teacher Guides can also help us to understand our purpose, soul contract and overall lessons that we have come here to learn. When we are going through a challenging experience, Teacher Guides are often present to help us understand the lesson and to take appropriate action. Teacher Guides can also help us to gain a deeper understanding about the lesson and how it relates to our greater purpose. To work with your Teacher Guide, simply call on them when you are struggling to understand your path or the lesson at hand. Teacher Guides usually deliver their messages by introducing you a person who will be the best teacher for you at the specific time. They can also communicate with you using symbols, dreams and synchronicities. (Tanaaz/ <http://foreverconscious.com/>)

Joy Guides

A Joy Guide assists us in our daily lives to bring us joy and laughter! Usually these guides are children or fairies however I have an adult Joy Guide named Jennifer. These guides are like jokesters that bring us love and laughter! They teach us to remember that life on Earth is not supposed to be hard but more of a playful journey! They want us to be like a child and just "play" and have fun here on Earth. We can call upon our Joy Guides at any time however when things seem difficult in your life. Call upon your Joy Guide to raise your vibration to a positive one. They will assist you with laughter, love and peace. They show us that laughter is the best medicine and that things are not as bad or difficult as we think. (<https://chickswithspiritualgifts.com/>)

Ascended Masters

Examples of Ascended Masters include: Jesus, Confucius, Gautama Buddha, Mary the Mother of Jesus, St. Paul of Tarsus, Megha Alcorn as known as Megan Sebastian, Ashtar Sheran, Merku, Sanat Kumara, Afra- Patron of Africa., Akshobhya – a Dhyani Buddha, Aloha – Feminine Elohim of the 6th Ray – her twin flame is Peace., Hilarion, Alpha – the highest manifestation of the god energy in the Central Sun, his twin is Omega, Kuthumi, Amarylhis – goddess of Spring, Krishna, Amaterasu – Japanese goddess of

the Sun, Amazonia – the feminine Elohim of the first ray, Afra- Patron of Africa, Mahavatar Babaji, The Egyptian Goddess Hathor , Maitreya, etc.