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## Importance and How-Tos of Altars

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Why do I need an altar?

1. Altar to honor Ancestors
2. Altar to show gratitude/acknowledge guidance
3. Altar to manifest/ Set intention
4. Altar to make sacred space
5. Altar to provide space to pray each day
6. Altar to remind you who you are
7. Altar to perform rituals

### **Altar Items**

1. **Members of 4 kingdoms: animal, mineral, plant, human**
  - A. Rocks
  - B. Purifying herbs and herbs for manifestation/magical herbs
  - C. Feathers or leather or fur or statuary
  - D. Items given to you by humans/gifts
2. Deva and Angel portraits or statuary
3. Ancestor portraits
4. Four elements: water, Fire, earth, air
5. Sacred geometry/Powerful Cultural shapes and textiles
6. Crystal grids
7. Cultural items

### **Maintenance of Altar**

1. Keep it clean
2. Refresh items
3. Charge crystals
4. Purify with herbs
5. Dust and cobwebs
6. Keep others away from it
7. Watch Designation of sacred vs profane
8. Change it periodically - new energy
9. Higher Power Guardians